CLAIMS:

-5

10

20

- 1. An agent for improving allergic predisposition comprising a hydrolysate of water-soluble dietary fibers as its effective component.
 - 2. An agent for suppressing production of IgE antibody comprising a hydrolysate of water-soluble dietary fibers as its effective component.
 - 3. The agent for suppressing production of IgE antibody according to claim 2 wherein the water-soluble dietary fibers is glucomannan or galactomannan.
- 15 4. A food for improving allergic predisposition comprising hydrolysate of water-soluble dietary fiber.
 - 5. Use of a hydrolysate of water-soluble dietary fibers for producing an agent for improving allergic predisposition.
 - 6. Use of a hydrolysate of water-soluble dietary fibers for producing an agent for suppressing production of IgE antibody.
- 7. A method for improving allergic predisposition comprising 25 administering a hydrolysate of water-soluble dietary fiber.
 - 8. A method for suppressing production of IgE antibody comprising administering a hydrolysate of water-soluble dietary fiber.